

The image features a dark, vertically-grained wooden background. A single, vibrant green fern frond is positioned diagonally across the bottom right corner. Centered in the middle of the image is a black rectangular band containing the text "Cafe by Farmer & Sun" in a white, serif font.

# Cafe by Farmer & Sun



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## HOUSE FAVES

### EGGS BENNY \$18.90 (GFO/VEGO)

Toasted sourdough, fresh spinach, bacon rashers, poached eggs & locally sourced hollandaise (swap to ham at no cost)  
**Swap to Salmon \$4.00**

### EGGS YOUR WAY \$10.50 (VEGO/DF/GFO)

Two free range eggs (poached, scrambled or fried) served on Toasted sourdough w/ butter and your choice of sauce & dukkah  
**Add bacon (one rasher) \$3**

### TRADITIONAL OMELETTE \$16 (GFO/VEGO/DFO)

Forage Farms eggs, cream, spinach, tomato, mushrooms, onion, bacon & cheese served w/ toasted sourdough & butter

### FARMERS BREKKY \$25 (DF/GFO/KFO)

Bacon, beef sausages (cracked pepper and Worcestershire), fried egg, baked beans, local garlic buttered mushrooms, roasted tomato & wilted spinach served w/ toasted sourdough & butter  
**Add Hash brown \$2.50**

### SMASHED AVO \$17.90 (VEG/GFO/DFO/VFO)

Toasted sourdough served w/ smashed avo, creamy feta, lemon wedge, cherry tomatoes, leafy greens & dukkah  
**Add balsamic \$1.20c | Add bacon (one rasher) \$3**

## FOR THE KIDDIES

### BABY BENNY \$8.90 (GFO)

Toasted sourdough, bacon rasher, poached egg & hollandaise sauce (swap to ham at no additional cost)

### EGGS ON TOAST \$6.90 (DF/GFO)

One free range egg (poached, scrambled or fried) served on white, wholemeal or grain toast w/ your choice of sauce  
**Add bacon (one rasher) \$3**

### BACON & EGG ROLL \$9

Bacon rasher, fried egg, cheese & your choice of sauce on a toasted Lust for Crust Brioche Roll

### PANCAKES \$9.25

1 pancake served with fresh berries or banana & honeycomb (with ice cream)

## BREKKY STACKS

### HALOUMI STACK \$21.90 (GFO/VEG)

Toasted sourdough topped w/ house caramelised onions, house tomato relish, rocket, haloumi, avo & a poached egg  
**Add bacon \$3.50**

### SALMON STACK \$23.90 (GFO/DFO)

Toasted sourdough topped w/ smashed avocado, whipped cream cheese, leafy greens, capers, lemon, smoked salmon & a poached egg

### VEGIE STACK \$28.90 (VEGAN/DF/GFO)

Roasted Potatoes, Pumpkin, Zucchini & Capsicum served W/ fresh Avo & vegan Feta on toasted Sourdough w/ house Pesto & Beetroot relish.  
**Add fried egg \$3.50**

### MUSHROOM STACK \$24.50 (K/VEGAN/GF)

Large roasted mushroom, hash brown, avocado, cherry tomatoes, beetroot relish & rocket.

**Add bacon (one rasher) \$3.00**

## SOMETHING SIMPLE

### BACON & EGG ROLL \$12.90 (GFO/DFO)

Bacon rashers, fried egg, cheese & your choice of sauce on a toasted herb roll

**ADD cheese \$1.50 or Caramelised Onion \$3.00**

### BLT \$13.50 (GFO/DFO)

Bacon rashers, cheese, lettuce, tomato & mayo on a toasted herb roll

### 2 PIECES OF TOAST \$7.50 (GFO)

Toasted sourdough, white, wholemeal or multigrain served with butter and your choice of jam, honey, vegemite, nutella or peanut butter

## FRESH HOUSE SALADS

**Add avocado to any salad \$3.00**

### CAESAR SALAD \$20.50 (GFO/DFO)

Chicken, bacon, poached egg, rustic croutons, parmesan served w/ cos lettuce & dressing

### PUMPKIN PESTO CHICKEN SALAD \$21.50 (GF/DFO/VEGO/VFO)

Chicken & pumpkin served on a bed of baby spinach w/ pesto dressing, feta & onion

### CHICKEN & BACON SALAD \$21.50 (GF)

Crumbed chicken thigh, bacon, sweet corn, tomato & onion served w/ lettuce & aioli

## SIDES

BBQ Sauce \$1.20  
Tomato Sauce \$1.20  
Worcestershire \$1.20  
Beetroot Relish \$2.50  
Tomato Relish \$2.50  
Pesto \$3.00

Haloumi \$5  
Hollandaise Sauce \$3  
Mushrooms (garlic buttered) \$5  
Paleo Roll \$4  
Hash brown \$2.50  
Spinach (Wilted or Fresh) \$2.50  
Smoked Salmon \$7

Avocado \$3  
Bacon Rashers (1) \$3  
Beef Sausages (2) \$4.50  
Caramelised Onion \$3.00  
Feta \$4.00  
Free Range Egg \$3.50  
Tomato (fried or fresh) \$2

## MENU KEY

GF | Gluten Free  
DF | Dairy Free  
VEG | Vegetarian  
VEGAN | Vegan  
K | Keto

GFO | Gluten Free Option  
DFO | Dairy Free Option  
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KFO | Keto Friendly Option



# Cafe by Farmer & Sun

## ALL DAY MENU

### HOUSE MADE BURGERS (GFO)

#### THE AUSSIE \$21.90 (DFO)

House made beef pattie, bacon, grilled pineapple, cheese, lettuce, aioli & house caramelised onions

#### CLASSIC BEEF \$18.90 (DFO)

Beef pattie, house tomato relish & zucchini pickles, mustard, double cheese, tomato & lettuce

#### BBQ CHICKEN \$17.90 (DFO/KFO)

House crumbed chicken thigh, bacon, salad onion, cheese, lettuce & BBQ Sauce

#### DELUXE CHICKEN \$18.90 (DFO/KFO)

House crumbed chicken thigh, grilled pineapple, house sweet chilli sauce, aioli, salad onion, cheese, tomato & lettuce

#### THE VEGE \$17.90 (VEGAN/KFO)

Vegan roast pumpkin & chickpea patty, baby spinach, grilled pineapple, fresh tomato, house beetroot relish, vegan mayo & onion.

**All burgers can be made bunless for a lower carb option**

### SIDES (GF)

Sauce Optional | Finished w/ salt flakes

#### Rustic Kipfler Wedges (oven baked) \$6.50

#### Sweet Potato Chips \$5.50

Sauces \$1.20 | Aioli | Chipotle | Tomato Sauce | BBQ | Mayo | Vegan Mayo + many more

\$2.50 Sweet Chilli | House Relish | Pesto | Sour cream

#### CHIP SHARE PLATE \$11 | ADD SAUCE

### FOR THE KIDDIES

#### CHICKEN NUGGETS \$7

Chicken nuggets served with your choice of sauce

#### CHEESEBURGER \$8

House beef pattie, cheese & bbq sauce

#### CHICKEN BURGER \$8

House crumbed chicken thigh, cheese, lettuce & mayo

### SWEET BOWLS

#### ACAI CUP \$14 (GF/DF/VEGAN)

Acai puree blended w/ Banana, Mixed Berries & Coconut water, Granola sprinkled through, topped w/ Seasonal Fruit, Goji Berries, Coconut & Chia seeds

**Add granola \$4**

#### BYRON BAY MUESLI BOWL \$15.00 (VFO/DFO/GFO)

Byron Bay Muesli, greek yoghurt and seasonal fruit served with honey & milk

#### GRANOLA BOWL \$14.00 (GFO/VEGO/VFO)

Irrewarra Bakery Granola topped w Greek yoghurt (coconut available)

**add fresh seasonal fruit \$4**

#### FRUIT SALAD S-\$7 L-\$13 (GF/DF/VEGAN)

Mixed seasonal fruit | **Add granola \$4.00**

**Add yoghurt \$4.00 (coconut available)**

### SWEET BREAKFAST RANGE

SWAP to Coconut Ice cream or Yoghurt \$3.00 extra

#### BANANA CREPES \$14.90 (GF)

Two crepes served w/ banana, Nutella & ice cream

#### BERRY CREPES \$14.90 (GF)

Two crepes served w/ seasonal berries, maple & ice cream

#### BUTTERSCOTCH WAFFLES \$16.90 (GFO + \$3.50)

Two Belgium style waffles w/ banana, house made butterscotch, hazelnuts, Nutella & ice cream

#### BERRY WAFFLES \$16.90 (GFO + \$3.50)

Two Belgium style waffles w/ seasonal berries, maple & ice cream

#### BERRY PANCAKES \$17.90

Three pancakes served w/ seasonal berries, maple & ice cream

#### HONEYCOMB PANCAKES \$17.90

Three pancakes served w/ banana, honeycomb chocolate & ice cream

#### RAISIN TOAST \$3.50 (2 SLICES \$6)

Freshly toasted thick raisin bread served with butter

**NEW TO OUR MENU - HOUSE MADE GLUTEN FREE / DAIRY FREE WAFFLES**

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# Cafe by Farmer & Sun

## DRINKS MENU

### FRUIT SMOOTHIES

Vegan Friendly Options avail.

**Small \$7.50 | Reg. \$10.00 | Large \$11.50**

#### MANGO TANGO (VEGAN/GF)

Fresh Mango, Coconut ice cream & Coconut milk

#### GREEN VEGAN (VEGAN/GF)

Banana, Mango, Pineapple & Spinach blended on Coconut water

#### BANANARAMA (GF)

Banana, Vanilla & Milk

#### BERRY BREKKY (WHEAT FREE)

Berries, Banana, Orange, Yoghurt, Oats & Milk.  
(made with uncontaminated oats)

#### CHOC DREAM (GF)

Banana, Chia seeds, Choc vegan Protein powder, Honey & Milk

#### FRUIT TINGLE (GF/DF)

Seasonal Fruit Salad & Cranberry juice

#### GREAT GREEN (GF)

Fresh Pear, Grapes, Banana, Kale, Honey & Milk

#### STRAWBERRY MADNESS (GF)

Strawberries, Peach, Pear, Honey & Milk

#### TROPICAL PINE SMASH (GF)

Pineapple, Mango, Passionfruit, Banana, Orange, Yoghurt & Milk

### HOUSE PRESSED JUICES

**Small \$7.50 | Reg. \$11.00 | Large \$14.50**

#### CARROT GINGER

Carrots, Ginger & Apple

#### PINE BLISS

Pineapple, Orange & Apple

#### SUPER GREEN

Cucumber, Celery, Apple, Kale, Spinach, Ginger, Mint & Lemon

#### ORANGE

Freshly juiced Oranges

#### MAKE YOUR OWN (REG.) \$15.00

Assorted seasonal fruit & vege available

### HOT DRINKS

**Cup (Small) \$4.50 | Mug (Medium) \$5.20 |**

**Large Mug (Large) \$6.20 | Bucket \$6.90**

Cappuccino | latte | flat white | long black

**Add \$1** Chai | Hot Chocolate | Mocha (all GF/DFO/VFO)

**Add \$1** Winter Elixir | Turmeric Latte | Affogato | Vienna (all GF/DFO) | Choc Mint Latte (contains Gluten)

**\$3.50** Short Black

**\$4.00** Piccolo Latte | Macchiato

#### Sweeteners Available

Raw Sugar | Coconut Sugar | Honey | Stevia | Agave

### MILKS AVAILABLE

Skinny | Lactose Free | Almond | Coconut | Almond  
| Soy | Oat

### FRAPPES & SHAKES

(DFO/VFO)

**MILKSHAKES S \$4.50 R \$6.50 L \$8.50**

(GF)

**THICKSHAKES S \$6.50 R \$9 L \$11 (GF)**

Coffee | Chocolate | Mocha | Strawberry | Lime |  
Vanilla | Hazelnut | Caramel Milo add 50c

#### REAL FRUIT THICKSHAKE

**S \$7.90 R \$10.90 L \$12.90 (GF)**

Strawberry | Mango | Banana | Pineapple | Mixed Berry

**FRAPPES \$5.50 R \$8.00 L \$10 (GF)**

Flavours | Coffee | Chocolate | Mocha | Vanilla |  
Hazelnut | Caramel

#### SPECIALTY FRAPPES

**S \$5.90 R \$8.90 L \$11.90**

Cookies & Cream | Choc Mint | Vanilla Chai GF |  
Nutella GF | Milo | Malt

### OVER ICE (GF) /DFO/VFO)

**Small \$5.20 | Reg. \$8.20 | Large \$10.50**

#### ICED LATTE

Organic double coffee shot, ice & milk

#### ICED COFFEE

Organic double coffee shot, ice cream, vanilla &  
milk (cream available)

#### ICED CHOCOLATE

Chocolate syrup or Vegan/GF powder, ice cream  
& milk (please specify when ordering)

#### ICED TURMERIC

Turmeric Elixir & milk (sugar free avail.)

### DAIRY FREE DRINKS

**Small \$4.50 | Reg. \$6.50 | Large \$8.50**

#### FRUIT SYRUP FRAPPES (VEGAN/GF)

Mango Guava Lychee  
Pomegranate Raspberry | Lychee Green Tea

### SERENITEA

**Small pot \$3.50 | Large pot \$4.50**

**ENGLISH BREAKFAST  
EARL GREY | CHAMOMILE  
GREEN | PEPPERMINT | ROOIBOS**

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